**SAMPLE RESOLUTION**

***Instructions:*** *Getting your city or state government to pass a resolution naming October as National Medicine Abuse Awareness Month is a great way to garner attention for this important observance and it gives your media outreach efforts more strength and validity. Below is a sample resolution that you can use to draft text for your local city and/or state resolution.*

Resolution Designating October 2012 as ‘‘National Medicine Abuse Awareness Month’’.

Whereas over-the-counter and prescription medicines approved by the Food and Drug Administration have been determined to be safe and effective when used properly;

Whereas the misuse or abuse of these medicines can be extremely

dangerous and produce serious side effects;

Whereas the Office of National Drug Control Policy reports that medicine abuse is the fastest-growing drug problem in the United States, and the Centers for Disease Control and Prevention has classified medicine abuse as an epidemic;

Whereas the 2011 Monitoring the Future survey, funded by the National Institutes of Health; and the 2011 National Survey on Drug Use and Health, sponsored by the Substance Abuse and Mental Health Services Administration; both illustrate that, after marijuana, over-the-counter

and prescription medicines account for the most frequently

abused drugs among 12th graders;

Whereas the access teenagers often have to prescription medicines in home medicine cabinets and the lack of understanding by teenagers of the potential harms of these powerful medicines make it more critical than ever to raise public awareness about the dangers of medicine abuse;

Whereas National Medicine Abuse Awareness Month promotes the message that over-the-counter and prescription medicines are to be taken only as labeled or prescribed, and that using such medicines to get high or in large doses can cause serious or life-threatening consequences;

Whereas observance of National Medicine Abuse Awareness Month should be encouraged at the national, state, and local levels to increase awareness of the abuse of medicines;

Whereas community anti-drug coalitions throughout the country are undertaking activities to engage and educate parents, grandparents, teachers, law enforcement officials, retailers, doctors, and other healthcare professionals about the potential harms of prescription drug abuse and cough medicine abuse; and

Whereas educating the public about the dangers of medicine abuse, encouraging parents to talk about medicine abuse with their teenagers, mobilizing parents to safeguard their home medicine cabinets, and promoting abuse prevention are critical components of what must be a multipronged effort to curb over-the-counter and prescription medicine abuse:

Now, therefore, be it *Resolved,* that the *[insert name of governing body]*

(1) Designates the month of October 2012 as ‘‘National Medicine Abuse Awareness Month’’; and

(2) Urges communities to carry out appropriate programs and activities to educate parents and youth of the potential dangers associated with medicine abuse.